

# Back to school checklist

## For parents and carers

### TO BUY:

- Uniforms
- Books from list
- School bag
- Book bag
- Lunch box
- Water bottle
- Ice packs
- Lunch bag
- School supplies from list
- Labels
- Contact slips
- Groceries for week one

### TO DO:

- Label everything!
- Haircut
- Eye check & dentist
- Physicals
- General check-up
- Calendar for important dates
- Book before and after school care
- Create pick up schedule with partner / other carers
- Arrange babysitting / help from support network
- Get your camera ready!

## For children

### TO DO:

- I practiced going to bed early
- I packed my school bag
- I know what I am having for lunch
- I know who my teacher is
- I have given mum/dad any/all school forms
- My uniform fits me

